

Calendar of Events at The Ideal Method



Healing with Harmony - A Reiki & Sound Experience

Presented by: Debbie Jones and Carol Marchione

January 6

11:00am – 12:30pm

January 23

6:30pm – 8:00pm

February 11

11:00am – 12:30pm

February 21

6:30pm – 8:00pm

\$60 Registration is required

For more information: www.theidealmethod.com/Events.html



Introduction to Animal Massage and Acupressure

Presented By: Debbie Jones

January 13

12:00am – 2:00pm

\$25 Registration is Required

For more information visit: www.theidealmethod.com/Events.html



Quantum Intuition (Series)

Presented by: Mary Maynard

3rd Saturday of each month

January 20

2:00pm – 5:00pm

February 17

2:00pm – 5:00pm

\$37/class Registration is required

For more information: www.maryamaynard.com/QuantumIntuition.html



Introduction to Animal Reiki and Communication

Presented by: Debbie Jones

February 10

12:00pm – 2:00pm

\$25 Registration is Required

For more information: www.theidealmethod.com/Events.html



Relax with Reiki - A Reiki infused Sound Bath Fundraiser for the Doberman Underground

Presented by: Carol Marchione and Debbie Jones

February 24, 2018

11:00am - 12:30pm Reiki and Sound Event

12:30pm - 2:00pm Refreshments

\$50 per Participant

100% of the proceeds benefit Doberman Underground

For more information visit: www.theidealmethod.com/Events.html

Due to the class sizes at The Ideal Method, Registration is required for all events.



The Ideal Method

Welcome to **The Ideal Method** located in the heart of Independence, Ohio. We are a group of collaborative practitioners who have created heart centered businesses that focus on helping people and/or animals to achieve their best lives through education and personal wellness services.

ENERGY HEALING • ANIMAL COMMUNICATION



The Ideal Method

Debbie Jones, owner of THE IDEAL METHOD, provides personal healing sessions for those needing physical or emotional relief from stress, acute or chronic illness for people & pets, utilizing **Reiki, Earth-Heart Healing, Energy Medicine** and **Animal Communication**.

www.TheIdealMethod.com • Debbie@TheIdealMethod.com
216-536-9426

ENERGY & SOUND THERAPY



Carol Marchione of FLOATING LOTUS offers **sound therapy** with Tibetan and Crystal singing bowls, gongs, tuning forks, lap harp, toning and **Cymatherapy®** for both people and pets. Carol offers her services in group settings as well as personal sessions.

www.floatinglotuswellness.com • carol@floatinglotuswellness.com
Office 440-540-4446 • Cell 440-497-8082