

Calendar of Events at The Ideal Method



Healing with Harmony - A Reiki & Sound Experience

Presented by: Debbie Jones and Carol Marchione

August 17 (SOLD OUT) Sept 20 (SOLD OUT) Sept 24
6:30pm – 8:00pm 6:30pm – 8:00pm 11:00am – 12:30pm

\$55 Registration is required

For more information: www.theidealmethod.com/Events.html



Quantum Intuition (Series)

Presented by: Mary Maynard

3rd Saturday of each month

August 26 (4th Saturday) September 16
2:00pm – 5:00pm 2:00pm – 5:00pm

\$37/class Registration is required

For more information: www.maryamaynard.com/QuantumIntuition.html



The Depth of Pranayama (Series)

Presented by: Denys Morgan and Julie Brown of Ananda Bhakti

September 3

4:00pm – 5:45pm

Workshop Day of - \$33, One Workshop Pre-Register - \$27

For more information: www.anandabhakti.com/workshops.html



Monthly Kirtan – Community Event

Presented by: Denys Morgan and Julie Brown of Ananda Bhakti

September 3

6:00pm – 7:00pm

Donations welcome; no pre-registration necessary.

For more information: www.anandabhakti.com/workshops.html



Beginners Mediumship Intensive

Presented by: Travis Sanders

September 8 and 9

1:00pm – 6:00pm each day

\$200 Registration is required

For more information : www.psychictravissanders.com/upcoming-events.php



Sound for Your Soul: Sound Immersion

Presented By: Carol Marchione of Floating Lotus

September 24

2:00pm – 3:15pm

\$20 Registration is Required

For more information: www.theidealmethod.com/Events.html

Due to the class sizes at The Ideal Method, Registration is required for all events.